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- Motorcycle tours
- Special interest tours (Hidden Gardens of Italy)
- Incentives
- Concert tours (orchestras & choirs)
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- Accommodation in all Hotel categories
- Sport delegation & supporters trips
- Theme tours
- Parties and Wedding ceremonies



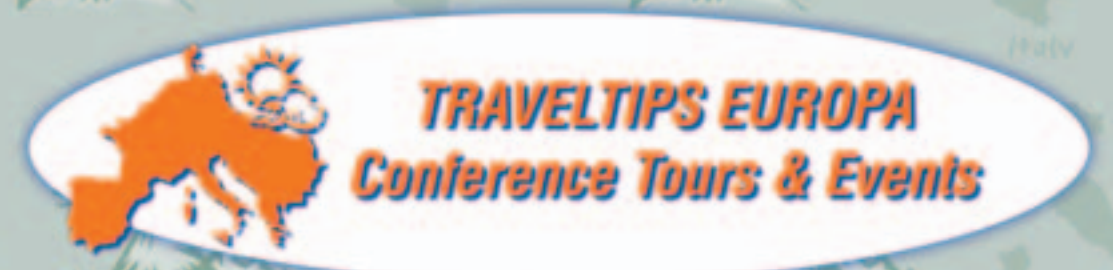
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WALKING TOURS ***in Italy***



THE RIGHT TRAVEL SOLUTION AT THE BEST COMPETITIVE PRICES!

TRAVELTIPS EUROPA is a privately owned INCOMING & OUTGOING tour operator.

We all, at **TRAVELTIPS EUROPA**, are very glad to take the opportunity to dedicate this presentation to all the travellers who are eager to discover the enchanting landscapes of our territory; to all the lovers of the multi-cultural tradition living in our countryside; to all the people who love the delicious mix of tastes and flavours of our ancient culinary art and last but not least, to all the travellers who love the unique historical and cultural heritage surviving in each small part of our Italian provinces.

TRAVELTIPS EUROPA may count on qualified members of staff with many years of experience in the travel industry.

TRAVELTIPS EUROPA handles over 1000 group programmes per year either in Italy or in Europe and USA and also deals with a huge traffic of inbound individual travellers.

TRAVELTIPS EUROPA works together with a world-wide network of partner offices, agents, representatives and Hotels who can assure your clients a punctual service along the tours.

WHAT DO WE OFFER?

- Accommodation in all Hotel categories
- Package tours throughout Italy with full services
- Incentive tours
- Hunting and Fishing Trips all over the world
- Sport delegation trips & Sport supporters trips
- Meetings & Conference
- Special interest tours (e.g. Cycling tours, battlefield tours, pilgrimage tours, motor manufacturer tours, glass producers tours, medicine, etc.)
- Concert tours for orchestras & choirs - we arrange all the venues for the performing group in: e.g. halls, senior citizens' homes, churches, Pope's audience
- Theme tours (wine and cheese factories, handicrafts and inlaid woodwork production)
- Restaurant bookings-Cruise bookings-Steamer bookings (e.g. Capri, Ischia, Sicily, Sardinia, Elba, etc.)
- Daily excursions - Local guides bookings - Reservation of top class tour escorts
- Coaches (transfers, tours, excursions & sightseeing)
- Theme parties and Wedding ceremonies (dinner in a castle or palace, dinner aboard ship, etc.)
- Chauffeur driven carhire (Mercedes) - Motorcycle and cars hire
- We are able to book whole tours, sections of tours, or just a coach or a guide throughout all Europe, USA or South Africa.
- MOTORCYCLE Escorted tours in Italy, to all european countries, USA and South Africa. This is one of our best loved activities which involves careful and specialised staff as well as a huge logistic effort

ASK FOR OUR DETAILED PROGRAM
WE'LL BE GLAD TO STAY AT YOUR DISPOSAL AT ANY TIME



WALKING TOURS IN ITALY

- **The treasures of the Dolomites**
- **The unknown beauty of Vallo di Diano and Cilento national Park**
- **Walking through History from Assisi to Orvieto**
- **AMALFI and the paradise lost**
- **Cinqueterre and Liguria Italian Riviera and the "love trail"**



GENERAL INFOS

Besides the activity and the destination the most important thing about choosing your trip is making sure it suits your background and physical abilities. To help you select the right trip we inform you in each tour description, about

the the following grades: Easy, Moderate and Challenging. We emphasize that whatever the grade of the walk, it is important that before you start the trip you must be in good physical shape and both your feet and your footwear must be accustomed to walking the distances indicated in the tour outlines for the particular tour. The best way to ensure this, is to go for a number of walks during the weeks immediately preceding your departure, wearing the boots that you will wear during the trip.

Further hints on getting and staying fit are given in our Information leaflet which is sent to you with confirmation of booking. You will also need to ensure that you apply in good time for any requisite visas or vaccinations (nowadays few vaccinations are needed for Europe, but check anyway).

WALKING STAGE Easy: Gentle terrain, four to six hours walking per day without steep climbs or vertiginous mountains.

WALKING STAGE Moderate: Rolling uplands, five to six hours walking per day with some uphill climbs and the odd longer day.

WALKING STAGE Challenging: Real mountains like the Alps or the Pyrenees, six to eight hours walking with longer ascents and perhaps a scramble on a ridge and rough conditions underfoot on occasion. (No challenging tours are scheduled in Italy)

STARTING PLACES OF THE TOUR

We explain in the Trip Dossiers and in more detail in the Route-book how to reach the starting point and return to the airport at the end of the tour by means of public transportation (train, bus and taxi). European train timetables are now readily available on the Internet. Transfers between the airport and the starting and finishing points of the tour are not normally included in the tour price - again with some exceptions.

WHAT TO BRING

A daypack with lunch, water bottle, first-aid kit, waterproofs, camera. Your main baggage is transported each day from hotel to hotel. There's no backpacking on any of our self-guided trips, although on certain trips you may be away from your main baggage for one or two nights (not more than two) in which case you may have to carry overnight things in your day pack. An equipment list is included in the "Pre-departure Information" which is sent to you with confirmation of booking. If you have any questions please call us or e-mail us.

WHERE TO SLEEP

Our organization will pre-book and pay for your accommodation, normally in double or twin-bedded rooms, with en-suite facilities when available, which is 95% of the time. However we do get to some remote spots where there is little or no choice of accommodation, and then facilities may be limited. For example, on our Italian tours being in larger towns such as Florence or Siena our preferred hotels are often located in the old part of town, away from the main tourist scene but close to local points of interest like small shops and colourful markets.



MEALS

All breakfasts are included, together with other meals as specified in the tours dossier. We like to include evening meals, but where these are not included there is always some restaurant nearby (often a choice of places) where you can obtain a good meal. When we include meals, these are from a fixed ("table d'hôte") menu of two or three courses (apart from the farewell dinners which are special occasion meals). Drinks, tea, coffee (except for tea and coffee with breakfast) are not normally included. Vegetarians and "vegetarians plus fish" can be catered for; please

advise us about this requirement when booking. We may also be able to accommodate more restricted diets, but it is best to call us about these before booking. Packed or picnic lunches are not generally included on our self-guided tours (again with some exceptions - but many overnight stops are in small towns and villages where picnic materials can be bought from local shops before you start the day's walk; alternatively a packed lunch can be ordered the evening before from your accommodation. There is often a café or restaurant en route where you can get a sit-down lunch.

SELF GUIDED TOURS

If some client is travelling on his own - can he go on a self-guided tour?

Yes, with some exceptions: the exceptions are generally more difficult or remote routes, where we consider it potentially unsafe to walk alone. This is made clear in the tours dossiers. For singles on self-guided tours a Single Supplement fee must be paid; this is to cover the extra cost of single rooms or occupancy of double or twin rooms, of baggage transfers for one rather than two customers, and of a set of route notes and maps for one rather than two people.

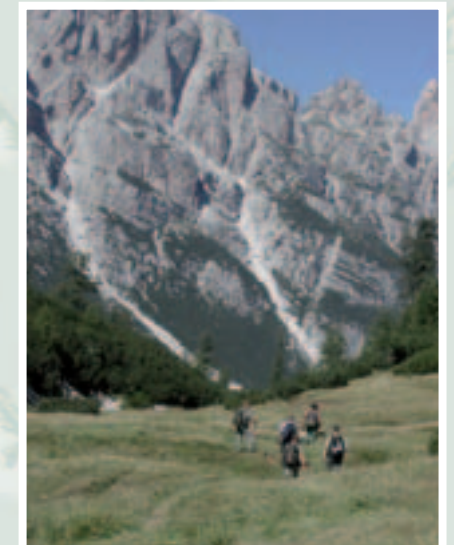
WHAT'S INCLUDED IN THE SELF GUIDED TOUR:

- Accommodation and meals as specified in the brochure and tour dossier. Transfer of baggage are generally included (one piece of baggage per person, not more than 20kg) when you walk from one hotel to the next during a tour).
- Specially researched Route Notes. Walkers maps at 1:25,000 or 1:50,000 scale, usually with the walking route highlighted.
- A plastic case to carry the map and Route Notes in and to keep them dry. In some cases a book or general guide book with
- Background information on the area of the tour. In a few cases we include a walkers guidebook as an ancillary to the Route Notes (roadbook).

TRAVEL INSURANCE

The travel insurance should cover cancellation, loss/theft of personal possessions and/or money, medical expenses and should be valid for the region to which you are travelling and the activities you are undertaking. Nowadays many customers have their own multi-trip travel insurance, but check on its validity for your trip. If you require insurance we offer insurance which is designed for our trips. Travel insurance (not necessarily

our own) is a condition of booking. This is not included in the price of the trips as many people already have travel insurance cover. For those of you who require cover we have arranged travel insurance with NAVALE ASSICURAZIONI or EUROPE ASSISTANCE. The following details summarize the extent of cover. The full terms and conditions are shown on the certificate of insurance, which will be sent to you when you have paid the premium. If you are not happy with the cover provided you have 14 days from the date of premium payment to cancel your insurance and obtain a full refund of premium paid.



THE TREASURES OF THE DOLOMITES



Famed for gigantic, chiselled limestone peaks, the Dolomites certainly provide some of the most dramatic mountain scenery in the Alps. The walking on this holiday combines forested valleys, alpine meadows and mountain villages with this spectacular world of vertical rock towering above. **There are few mountain groups more spectacular than the Dolomites, but walking in the area does not have to be at all technical. There are good footpaths across the valleys, verdant summer pastures and up onto the higher passes and smaller peaks.** We start in Dobbiaco, in the midst of the Dolomites; in the wide Ampezzo valley surrounded by impressive mountains. The

c o n -
t r a s t s

could hardly be more extreme; stark vertical rock faces and jagged spires of limestone hang high above green, forested valleys. A short bus ride gets us to the start of the walk up into the three vertical sided finger-like towers of the Tre Cime mountain group. From Cortina we take a high level route traversing the mountainsides to the Forc Lagazuoi pass before descending to the village of Sare. A day of forests and grassy ridges follows, to reach Col Alti for panoramic views of the Tofana and Sella mountains before descending to the pretty villages of Corvara and Colfosco. Two nights here give the option of a rest day or a walk above the village before what is probably the most stunning day of the route.



Walking from Passo Gardena at the base of the Sella group of peaks the route ascends into a narrow canyon, rocky underfoot and quite steep in parts but rewarded with marvellous panoramic views that include the Tyrolean range and the Marmolada glacier. The descent is to Campitello for 2 nights and a circular walk to end the trip.

TOUR OUTLINES

7 nights/8 days - The first night, in **Dobbiaco**, is spent in a 3* hotel on a half board basis. The 2* hotel in the resort town of

Cortina is booked on a bed and breakfast basis as there is a wide choice of restaurants. Half board is booked at the simple hotel (with ensuite facilities) around the village of **Sare**. This is a rural hotel in a beautiful location. **Colfosco** area is where we stay for 2 nights in bed and breakfast accommodation, where the ensuite rooms are of hotel standard. There is no lobby area or restaurant but meals are available just over the road. Our last stop is Campitello where we stay for another 2 nights in a 3* hotel but on a half board basis.

Accommodation & Meals: bed and breakfast on 3 nights, bed, breakfast and evening meal on 4 nights

Way Marks: mostly well way marked but with a few sections needing the use of maps and notes.



THE UNKNOWN BEAUTY OF VALLO DI DIANO AND CILENTO NATIONAL PARK



The “Cilento and its Vallo Di Diano” is a National Park boasting some of the few remaining wolves in Europe and 1800 species of plants, including a few that are endemic to the area. The real joy of the trip is the tranquility that you will find, roaming between the little medieval villages, the forests and limestone hills, linked in the valleys by ancient stone bridges over limestone canyons. There are remains of mills and tiny chapels. An ideal Italian walking tour for the slightly more adventurous walker.

Cilento is an undiscovered Italian wilderness where you can really enjoy the sensation of having the whole place to yourself. From the tiny village of Felitto, we descend into a gorge full of ancient caves and ruined watermills. The next day we take a bus to Laurino and follow the

canyon below the village to arrive at a small medieval bridge which leads to the little church of Sant'Elena. An optional visit brings us to the cave of St. Michael and from here it is an easy trail down to the village of Valle dell'Angelo, the “Valley of the Angel”, where we stay in the town centre. A short walk to the tranquil little village of Piaggine leads into a valley, adorned with maquis, olive groves and orchards to reach the small town of Sacco and its cathedral before continuing up to Roscigno Vecchio. From Roscigno we climb up Monte Pruno, a beautiful viewpoint, then on to Sant'Angelo a Fasanella, one of the most interesting little towns in the area. The route then reaches one of the most picturesque sites in the National Park, the Risorgenza dell'Auso, where the river Auso resurfaces after running underground. A short transfer

brings us to the high plain of the Alburni mountains, a wild calcareous mountain chain with many caves, huge beech forests and rocky outcrops. This is an area where wolves still wander and with a large variety of bird life. We walk along easy muletracks to the viewpoint of “Il Figliolo” overlooking the plain of Salerno, the sea and the mountain plains. **This is a moderate tour and most of the walks are on good paths, but sometimes overgrown sections cannot be avoided!** The trip can be extended to visit Paestum, Pompeii, Salerno, Naples or the coast, details are included in our detailed road-book. This trip can also be linked with the Amalfi Coast to create a longer holiday.

ACCOMMODATION

8 nights/9 days - Nights 1 & 2 we spend just around the medieval village of Felitto where we stay in a good agriturismo. Nights 3 & 4 in **Valle dell'Angelo** are spent in a comfortable village hotel. Nights 5 & 6 are spent just outside of the small town of **Sant'Angelo** on the south side of the Alburni mountains, in a farmhouse, which also boasts a swimming pool. Our last two nights

are in a comfortable agriturismo, just outside the town of **Scorzo - Sicignano**, underneath the towering Alburni mountains.

Notes

Accommodation and Meals: dinner, bed and breakfast throughout using agriturismo (farmhouse with guestrooms) on most nights except in Valle dell'Angelo where we use a village hotel. All accommodation is ensuite.

Way Marks: only a very small part of the route is way marked; elsewhere it is necessary to follow the route descriptions provided together with the maps. Possibility to spend extra nights in Naples and take the short train journey through to Pompei.



WALKING THROUGH HISTORY FROM ASSISI TO ORVIETO



Umbria is the landlocked heart of Italy, less well known but reminiscent of Tuscany some 25 years ago. The Umbrian countryside is wonderfully spacious with a pleasing mix of farmland, woodland and rolling hills. The famous city of **Assisi** just oozes with history and charm, as do the smaller medieval towns on our tour, some dating back to Etruscan times. **Add to this the fine wines, olive oil, local cheeses, truffles and wild boar ham and you are sure of a real taste of rural Italy.** Assisi, with the vast Basilica of St. Francis, Roman temple and plenty more besides is a fitting start to our route. We cross the slopes of Monte Subasio that rise above Assisi, pass through Holm oak forest and olive



groves to the town of Spello, which still retains its Romanesque walls surrounding the medieval centre. From Spello, there is time for a day trip to Spoleto including a circular walk. More Roman remains are seen at Bavegna on the way to Montefalco, another ancient walled town set among vineyards and olive groves. Our route then crosses the woods and pastures of the Monti Martani hills, before descending to the river Tevere



Orvieto Classico.

ACCOMMODATION

5 nights/6 days - In **Assisi** our small family run 3* hotel is in a quiet back street just off the town's main square. The view from its pretty terraced garden is wonderful. In **Spello** we spend 2 nights in a 3* resort or agriturismo. In **Montefalco** our 3* hotel is chosen among the old former convents or retreat of the village. All the rooms have well appointed facilities. At **Todi** we normally stay in a small guesthouse in the town centre, or at a modern hotel whenever it is possible with a swimming pool.



8 nights/9 days - Near **Montecchio** we stay at rural "agriturismo". In **Asproli** a well appointed guesthouse is used. In Orvieto 3* hotel is in the centre of the medieval town.

Accommodation - Meals: Bed and breakfast in mainly 3* hotels and 1 or 2 guesthouses. Evening meals are included on 2 nights of the 6 day tour and 3 nights on the 9 day tour. Triple rooms available.

Way Marks: There are some way marked paths, but elsewhere it is necessary to follow the route descriptions together with the detailed maps provided.



AMALFI AND THE PARADISE LOST



most beautiful nature reserves, passing beneath the towering cliffs close to some little waterfalls. From Poggerola a beautiful medieval mule-track curves down to Amalfi, amidst lemon groves and maquis. The tour continues along a paved mule-track dating back towards the 9th century, to the imposing monastery of Santa Rosa. The route descends to the coast and the spectacular inlet at Furore. From here we walk along to the church of Sant'Elia into the Valley of Praia and then to the coastal town of Praiano. Next we follow the famous "Sentiero degli Dei" (Footpath of the Gods), with



views of Capri before descending to precariously perched Positano, one of the most charming villages of the coast. Finally by local bus we back up to Montepertuso where we start a circular walk of the Positano valley following ancient footpaths through the forest with marvellous viewpoints. We climb towards Santa Maria al Castello, the old fortress defending the narrow valley between the Amalfi and the Sorrentine side of the peninsula and overlooking both the Gulf of Salerno and the Gulf of Naples. The walk then descends via a forest station to Positano. **We may also offer an 11 days tour during which we stay in Sorrento which has good access to some extraordinary walks, and is also a convenient place for an excursion to the beautiful Isle of Capri. This beautiful walk follows steep-stepped routes on some days to get you quickly to the viewpoints.**

ACCOMMODATION

7 nights/8 days - The first 3 nights of our tour is spent in the ancient capital **Amalfi**. Our 3* hotel is not far from the center so you are within walking distance of the main monuments. Nights 4 and 5 are spent in a beautiful small town called **Praiano**. The 3* hotel is situated steeply over the sea and has an excellent restaurant that offers panoramic views over a large stretch of the Amalfi Coast.



Nights 6 and 7 of the tour are spent in the lively village of **Positano**, with its characteristic houses clinging to the edge of the mountain. Here, our 4* Best Western hotel is always a popular choice with clients.

10 nights/11 days - As above with 3 nights in a 3* hotel in Sorrento.

Accommodation and Meals: On bed and breakfast basis on both the 8 and 11 day tour. We use 3* & 4* hotels in/near to village centres. All rooms have ensuite facilities. You will be free to organize your dinner from the wide choice of restaurants in town.

Way Marks: Only a very small part of the route is way marked; elsewhere it is necessary to follow the route notes provided with the maps. Possibility of arranging extra nights in Sorrento/Naples and take the short train journey through to Pompei.

In this place, the mountains quite literally tumble to the sea. A land of "everlasting Spring", golden light, charming villages and monasteries, watch towers, isolated farmsteads, with flower-strewn coastal paths threading them all together. After arriving in Amalfi, and perhaps a swim to wash away the tiredness from your journey, our first walk takes us to the "Valle dei Mulini", the valley of the watermills, and on up to the little village of Pontone and the medieval Torre dello Zirro.

The return stretch back to Amalfi is very scenic with spectacular viewpoints. Including a visit to beautiful Ravello. Next we walk into the Valle delle Ferriere, one of southern Italy's



most beautiful nature reserves, passing beneath the towering cliffs close to some little waterfalls. From Poggerola a beautiful medieval mule-track curves down to Amalfi, amidst lemon groves and maquis. The tour continues along a paved mule-track dating back towards the 9th century, to the imposing monastery of Santa Rosa. The route descends to the coast and the spectacular inlet at Furore. From here we walk along to the church of Sant'Elia into the Valley of Praia and then to the coastal town of Praiano. Next we follow the famous "Sentiero degli Dei" (Footpath of the Gods), with views of Capri before descending to precariously perched Positano, one of the most charming villages of the coast. Finally by local bus we back up to Montepertuso where we start a circular walk of the Positano valley following ancient footpaths through the forest with marvellous viewpoints. We climb towards Santa Maria al Castello, the old fortress defending the narrow valley between the Amalfi and the Sorrentine side of the peninsula and overlooking both the Gulf of Salerno and the Gulf of Naples. The walk then descends via a forest station to Positano. **We may also offer an 11 days tour during which we stay in Sorrento which has good access to some extraordinary**



CINQUETERRE AND LIGURIA ITALIAN RIVIERA AND THE “LOVE TRAIL”



Enjoy some of the finest coastal walking in Europe on this most beautiful section of the Italian Riviera. The five charming villages of the “Chinquay Terray”, Monterosso, Vernazza, Corniglia, Manarola and Riomaggiore have been praised by artists and poets for centuries. They have celebrated the tiny aquamarine inlets that serve as fishing harbours, and the ancient terraces rising steeply out of the coastal crags in words and pictures. Now you can discover all this for yourselves! This popular holiday will

appeal to easygoing walkers who are happy to be flexible and juggle their hiking itineraries according to their mood or the prevailing climate. There are gentle coastal strolls and strenuous hikes alike, into the



surrounding hills through the precarious cliffside vineyards and scented pine forests. You can visit the churches, viewpoints, seashores and beaches of the neighbouring towns, returning to our centre in Monterosso al Mare via the efficient local rail service that links the towns of the Cinque Terre with the beach resort of Levanto and train hub at La Spezia. From here there is convenient access to Pisa and its airport. From April through to September there is also a ferry service between the towns.

The tour is particularly recommended **for spring and autumn departures**, where the crowds have cleared and the temperatures are amiable for walking. (Note that a National Parks card - not included - has to be bought locally it acts as a pass on the trains along the Cinque Terre).



ACCOMMODATION

5 nights/6 days - You stay is at a charming resort or retreat, off the winding medieval streets of **Monterosso**, just a few minutes from its beach. The dinners here offer a taste of the local “cucina” and regional flavours often prevail, including delicious seafood platters. Perhaps

washed down with a Cinque Terre Domain wine which is made with sun dried grapes and thus has a higher sugar content.

Notes

Accommodation and Meals: Bed and breakfast five nights in a 3* hotel or agriturismo or religious retreats.

Way Marks: The walks are generally well way-marked.

